

TESTIMONIALS

"I bought my first garment from you about twelve months ago and am delighted with it. I am a very active person and since using your support I can still follow my hobbies (climbing, water ski-ing) and I can still launch my boat single-handed over sandy beaches. Thanks again..."

"I have been wearing your support garment for almost a year now and I must say that it really does do what you claim for it. So much so that I had a date for an operation on my hernia to be done in February and I felt confident enough to cancel it. I can't say if I will never need the operation, but for the moment the garment is doing its work magnificently. I have quite a demanding job which includes lifting quite heavy weights so this speaks for itself as to the effectiveness of your garment. Thanks very much indeed"

"Thank you for the support you sent me, received last Thursday. After having worn it for two days, I am delighted with it. I am over 70 years old and have worn a support for a number of years but nothing as good as this. I work in a shop all day and do a lot of bending. Always during the day I have had to push the hernia back into place, but with this support I do not feel that I have a hernia. What is more, the great thing is, I don't feel half so tired at the end of the day. A truly great product, and please use this letter if you wish."

"I would like to say how great your product is which we bought two weeks ago. It certainly does work. My husband is a refuse collector which involves a heavy job, he's been in pain a bit with his inguinal hernia for the past year, it was bulging from the skin. From the very first day he wore the support he was amazed how much better he felt, not even tired any more. All the lads at work said he was a new man."

"I find this support to be outstanding against several others I have used in the past, being snug fitting and most comfortable in use. My congratulations on a fine product."

"This is the best support I have ever worn. Thanks."

"Very pleased as I do a lot of heavy work. The garment is comfortable and I get full support as the hernia never moves."

"Age 77 and wearing a support for over 30 years. Your support garment is very comfortable indeed. Thank you."

"SEEMS IMPOSSIBLE BUT IT CERTAINLY WORKS. MANY THANKS."

"In sixteen years and many various appliances, so far I have found your support garment by far the best."

"Thanks for real relief. I am a karate student and am now training harder than ever. Not to mention working harder - longer. Yours gratefully."

Visit our website www.thesupportcompany-uk.com to read **Roy's Story**: a detailed report by an Iron Man Triathlon athlete who tested the Flat Pad Support while training hard for a gruelling event which he previously thought would be impossible due to his hernia.

There is also a Forum on the website where you can leave your comments or have discussions with other users.

THE FLAT PAD SUPPORT

for male inguinal hernia

- ◆ Supports mild to moderate reducible inguinal hernias
- ◆ Exclusive flat pads hold in the hernia without intruding into the aperture
- ◆ Suitable for left, right or double inguinal hernia
- ◆ Does not require a fitter
- ◆ Cannot be seen under clothing
- ◆ Effective even during running, cycling, swimming or physical labour



The Support Company

32 Wellington Square
Hastings
East Sussex TN34 1PN
United Kingdom

www.thesupportcompany-uk.com
sales@thesupportcompany-uk.com

The Flat Pad Support from The Support Company

This garment is especially designed for a mild to moderate reducible male inguinal hernia. The unique flat pad arrangement helps the hernia edges come together, and so discourages enlargement

Who can benefit?

The Flat Pad Support is ideal for those who

- ◆ Want to prevent their hernia from deteriorating while they wait for surgery
- ◆ Want to avoid surgery altogether
- ◆ Want to wear their hernia support as discreetly as possible
- ◆ People who do not want their hernia to curtail their normal activities, job or sports.

Karate, building work, cycling, swimming, climbing, water-skiing, heavy lifting and digging the garden—our customers do it all thanks to our product (see testimonials on back page).

Why Flat Pads?

Without any support, most inguinal hernias will in time enlarge. But some hernia belts, briefs, trusses or supports have rounded pads or springs which press into the hernia. This can increase the risk of scarring the edges and enlarging the hernia. Our flat pads support the hernia but never dig into it. Being flat, the pads cannot intrude into the hernia. The pads overlap, ensuring that they lie firmly against the lower abdomen, holding in the hernia no matter what the position of the body. With use, wearers report that the product becomes even more effective and comfortable.

Does everyone need surgery?

In their March 2006 issue, one of the most prestigious medical journals in the world, the *Journal of the American Medical Association*, published an article on Watchful Waiting as the treatment option of choice for mild to moderate inguinal hernias. The research team, from Creighton University, Nebraska, discovered that if surgery is avoided, over the next five years there are fewer complications and less pain. This is because of the very real risk of post-operative complications. There is a new and growing medical consensus that a hernia should not be operated on until it presents real pain and is bulging badly. These findings have now been supported by other teams in the US, as well as teams in the UK, Holland and Austria. The majority of hernia repair operations are successful, but many doctors and surgeons are worried that up to 40 per cent of people suffer long-term or permanent post-operative pain or numbness. This is why they are now recommending surgery only when the hernia is very painful or risks becoming strangulated.

Measuring yourself for a Flat Pad Support

To find your size, measure yourself around the fullest part of your bottom, as shown in the photo.

Wearing the Flat Pad Support

The support is normally worn during the daytime and removed before you go to bed. When putting it on, ensure that the inguinal hernia is not “out” (bulging). If necessary, lie down on your back.

Keeping the under-leg elastics between your legs, the garment is pulled halfway up the thighs. It is then stretched with the hands until you can slide the garment into position on the hips, with the pads lying flat on the lower abdomen. This is all there is to it. Now you can forget about your Support. You do not need to remove it when going to the toilet.



Comfort

It took several years to perfect our design. The Flat Pad Support has been designed by people who have had mild or moderate hernias themselves, and have not opted for surgery. Our best and most encouraging recommendation has been our high level of repeat orders—many from people whose work is physically active. Here is just one of the many unsolicited testimonials we have received:

To say 'thank you' for marketing such a superbly designed support as this seems totally inadequate. It is without doubt the finest appliance on the market today. I have spent a small fortune in the past few years on different types of supports, only to find that for one reason or another they were unsuitable. I only wish I had known about your product sooner. Your claim that it will hold the hernia in, regardless of the position of the body, is entirely justified. I have given it every test I can, from digging the garden to riding a bicycle (pursuits which I had to give up for some time) and it has proved to be utterly reliable.

Concealment

The support cannot be seen under clothing.

Quality

To provide the correct tension, the elastic of our Flat Pad Supports is custom-made in our factory in Nottingham, England. The garments are then individually stitched by experienced surgical seamsters.

Guarantee

We are so confident you will love the Flat Pad Support that we are offering a four-week trial free of charge. If you don't like it, or if it is the wrong size, just return it within four weeks and we will give you an immediate refund.

The Flat Pad Support is available by mail order from www.thesupportcompany-uk.com.

Always consult a doctor if you have severe or persistent symptoms.